

# RESEARCH YOUR HERO

## inspiration

Reading about other people is a great way to learn.

You can learn a lot from their successes and a lot from their mistakes too.

Their story can show you what is possible.

Their achievements can inspire you to greater heights.

## who is your hero?

Do you have a hero?

If not, is there somebody that you admire?

It can be someone you know, or it can be someone who is successful in the field you would like to be successful in?



Choose someone and write their name below:

## what is their story?

Research their story: their wikipedia page, newspaper articles, their auto/biography.

Below is a list of questions to help you see their story through the lens of their character strengths.

From what you read:

- can you work out how have they used the 6 POWER STRENGTHS (see below)?
- what other strengths have they used do you think?
- what do you think their number 1 strength is?
- what mistakes did they make?
- if you had been in their shoes, what would you have done differently?
- which strength could they have used more of?
- what lessons can you take away from their story?
- what advice would you give them?
- are there any similarities with your life story?
- in what ways are you different to them?



the 6 POWER STRENGTHS